

SCSD Sideline Concussion Protocol

1. On-Field/Court event occurs - forceful blow to head, neck or spine and athlete exhibits some signs of possible injury/concussion: slow regaining feet, atypical behavior, loss of balance/coordination, loss of consciousness, etc.
2. A. Health Care Provider (EMT, MD, PA, etc.) conducts initial concussion screening (SCAT2/3 or SAC)
B. Health care provider not available prompts SCSD Coach/AD to conduct initial concussion screening (Concussion Signs & Symptoms Checklist). School nurse will train all coaches and volunteers in the use of the Concussion Signs & Symptoms Checklist .
3. Screening reveals:
 - A. No signs of a concussion: Student exhibits none of the "Observed Signs, Physical Symptoms or Cognitive Symptoms" on the Concussion Signs & Symptoms Checklist and answers all of the Maddocks Questions correct.
 - 1) Athlete is rechecked in 15 minutes and if he/she still does not exhibit any symptoms, athlete returns to play
 - 2) Parents are provided, as a precaution, with concussion information
 - 3) Coach monitors for symptoms
 - B. Possibility of a concussion:
 1. Student sits for the remainder of the game/practice
 - 1a. Parents are informed they must take athlete to a medical provider, with the SCAT2/3, CSSC, and/or SAC results, within 12 hours to have athlete checked by a MD/DO. MD/DO must sign SCAT2/3, CSSC or SAC results
 - 1b. Athlete is checked and cleared by MD/DO (not diagnosed with concussion) within 12 hours; screening tool signed by MD/DO returned to school district
 - 1c. Athlete returns to play
 - 1d. Coach monitors for symptoms
 2. Athlete is checked by medical provider and diagnosed with concussion
 - 2a. Concussion Management Team and nurse are notified and school district protocols go into effect
 - 2b. Once athlete is cleared by MD/DO to return to play, the five day return to play progression protocol goes into effect
 - 2c. Coach monitors for symptoms
 3. Parents do not take their child to a medical provider within 12 hours
 - 3a. Athlete does not participate until cleared by a MD/DO
 - 3b. Concussion Management Team and school nurse notified
 - 3c. When student is released and cleared by MD/DO; screening tool

signed

- by MD/DO returned to school district
- 3d The five day concussion return to play progression begins
- 3e. Coach monitors for symptoms

C. Definitive concussion symptoms present:

1. Student removed from play/game. The student should be taken to an emergency department right away if s/he exhibits any of the following danger signs after a bump, blow, or jolt to the head or body:
 - One pupil larger than the other
 - Is drowsy or cannot be awakened
 - A headache that gets worse and does not go away
 - Weakness, numbness, or decreased coordination
 - Repeated vomiting or nausea
 - Slurred speech • Convulsions or seizures
 - Cannot recognize people or places
 - Becomes increasingly confused, restless, or agitated
 - Has unusual behavior
 - Loses consciousness (even a brief).
2. Student provided with emergency medical treatment
 - 2a. If parents present, parents are required to seek immediate medical attention.
 - i) If parents refuse or fail to take the athlete for immediate medical attention (less than one hour), the student athlete is ineligible for participation for two weeks minimum and the athlete may not return until cleared by an MD/DO.
 - 2b. If parents are not present, student is transported to nearest medical facility (911 call, if necessary)
 - 2c. Concussion Management Team and school nurse notified
 - 2d. Student monitored for symptoms
 - 2e. When student is released and cleared by MD/DO; screening tool signed by MD/DO returned to school district student begins the
 - 2f. Five day return to play progression
 - 2g. Coach monitors for symptoms

Attachments:

Concussion Signs & Symptoms Checklist

CDC Return to Play Progression