



SUSQUEHANNA COMMUNITY SCHOOL DISTRICT
3192 TURNPIKE STREET
SUSQUEHANNA, PA 18847

BRONSON STONE
Superintendent of Schools

BRENT SODEN
Junior/Senior High School
Principal

PETER SUPKO
Elementary School
Principal

GARY KIERNAN
Business Manager

Susquehanna Community School District
Wellness Program/Policy Evaluation
12/13/2021

Based upon a review of the district's Wellness Program/Policy by the District's Wellness Committee, the Committee finds that the program goals are being accomplished. The evaluation was conducted by Mr. Bronson Stone, Superintendent of Schools and Mrs. Elizabeth Matis, CSN. Under the program evaluation, the following areas were assessed:

Laws/Policies and Program Goals. Program goals fall in the following areas: Nutrition Education, Nutrition Promotion, Physical Activity and Physical Education.

The highlights of the evaluation are as follows:

1. The Wellness Committee meets twice annually and has all required members.
2. Nutrition Education is provided by the school district in health, science and family & consumer science classes.
3. The Nutrition Group, the District's contracted food service management company, promotes the consumption of whole grains, fruits, vegetables and legumes, and to decrease plate waste.
4. Physical education is a part of every student's schedule and recess is held in the elementary school daily for 30 minutes.
5. Physical education is taught by certified teachers in the District and the physical education curriculum is aligned with PA Academic Standards.
6. Safe drinking water is available to all students and water bottle filling stations replaced water fountains due to Covid-19.
7. With the addition of an additional lunch period at the elementary school, "sit down time" for lunch has increased.
8. "Grab and go breakfast" was implemented in the school district during the 20/21 school year.

Bronson Stone, Superintendent of Schools

12/13/21
Date

Elizabeth Matis, CSN

12/13/21
Date