

## ***Universal Free Breakfast Program***

***Starting August 26th***

Dear SCSD Parents,

If there was a way to be less stressed in the morning, would you take advantage of it?

If there was a way to improve your child's grades, for free, would you consider it worthwhile?

As you are aware, at the end of last school year we piloted a program called Universal Free Breakfast (UFB) for all students at SCSD. We are pleased to announce that for that week alone participation doubled in the elementary and tripled in the high school! We are thrilled to see the number of students taking advantage of the healthy breakfast offered at school. Breakfast at school can be one of the best academic boosts you can give your child. A number of studies show how breakfast helps children to be more alert in class, which leads to better learning and higher grades.

Similar to our piloted program last year, SCSD students will pick up their breakfast at their assigned kiosk and take it to homeroom, K5—2nd will eat in the cafeteria. All breakfasts are served with a whole grain entrée, 100% fruit juice, fresh fruit, and milk. If you would like to restrict your child from participating in the program, you may always fill out a cafeteria account flag form found with the menus on the SCSD website.

We know that providing a full breakfast at home for your child for just \$1.00 a day is becoming more and more difficult with rising prices. This breakfast program is available for all students for FREE, no matter your eligibility status! With that in mind, to keep our records accurate, please complete the enclosed free/reduced lunch application and return it to the business office.

You will find the menu on the SCSD website, or on the NutriSlice app. Please stop by to see us at Meet the Teacher night to see a breakfast kiosk set up and all of the food options offered.

If you have any questions on the new breakfast program, please feel free to contact Codie Keogh.

Enjoy the rest of your summer!

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